



Parenting coach. Educational ally.

About Jessica Shields Flowers

When Jessica Shields Flowers thought about how she wanted to help parents and educators give children better opportunities to develop and flourish, an image of ripples quickly came to mind: outward ripples of positive change. So when it came time to open her early childhood education and parenting consultancy in 2008, Ripple LLC was the name the Master Certified Trainer selected.

The first Conscious Discipline® Certified Instructor in South Carolina and one of 13 National Conscious Discipline Certified Instructors, Jessica has worked with families and educators along the East Coast for over 30 years. She is currently the Conscious Discipline Certified Instructor for South Carolina's First Steps 4K programs and is certified to speak to audiences and coach parents and educators across the US on Conscious Discipline's methodology. She currently sits on the board of the Children's Museum of the Lowcountry.

Her work at Vienna Baptist Children's Center is nationally recognized, cited in books including *Faith in Children: Stories from Faith-Based Children's Centers* by Legacy of Caring's Roberta Owens. She has served on the boards of the Northern Virginia Association for the Education of Young Children and the Virginia Association for Early Childhood Education. She contributed to the Ecumenical Child Care Network's report *Taking the Lead: Investing in Early Childhood Leadership for the 21st Century*. She holds a Master of Education degree in early childhood education from George Mason University.

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